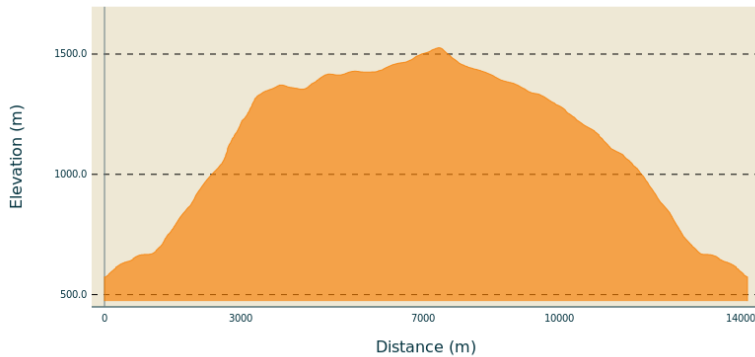


# Abraham rock, Mayres

Ardèche des Sources et Volcans

## Altimetric profile



Min elevation 573 m Max elevation 1526 m

## Useful information

Practice : Hike

Duration : 7 h

Length : 14.1 km

Trek ascent : 978 m

Difficulty : Very hard

Type : Loop

Themes : Chestnut grove, Fauna - Flora, Summit and viewpoints

## Trek





**Departure** : Church square

**Arrival** : Church square



**Markings** :  PR

Cities : 1. MAYRES 2. LA SOUCHE

Departure point from the hikes info board at the church square.

-  Follow the « Col d'Abraham/La Souche » panel. When you passed the cemetery, take the path that goes up in the chestnut grove. Take the footbridge that permits to cross the Passadou stream.
-  You are at the Passadou : Follow the « Col d'Abraham 2.7km/ La Souche » panel. Continue to climb up in the beech wood where you can observe the Eagle Rock. Cross the path and clim up to the col.
-  You are at Abraham col : Follow the « Rocher de Taillades 4.7km/Mayres » panel. Walk along the track on the right, once used by the forester. Be careful on your way, go higher than the do-not-enter sign on the permanent route of the « Trail de la Chaussée des géants » run.
- To reach the Abraham rock summit (1498m), leave the guards path and take left the 3 yellow points sign track. Careful, the way is rocky and craggy. Not recommended to the beginners. There is a beautiful 360 degree view as well as a metal sculpture made by P.F Chipon that beared the effigy og Jean Gilly, important sportsman of Ardèche and defender of activities of nature and of Ardèche mounts. Otherwise, continue the guards track on mountain side to Mendras col.
- You are at Mendras col. Take the ridges path on the right.
-  You are at Fautouras : Follow the « Rocher des Taillades 2km / Mayres 9.1km » panel. Follow the markings on the ridges path. At Poignets tower, there is a magnificent panoramic view on the Lozere and

Tanargue mounts and the Rhône valley. By clear weather, you can see the Ventoux and Gerbier de Jonc Mounts, the Mézenc and the White Mount.

7.  You are à Taillades Rock : follow the « Mayres par la Cesse 7.1 km » panel. Fast slope through the beech wood by following the snaking path to the Passadou stream.
8.  You are at the Passadou, follow the « Mayres 2.3km » panel. By the same path you will reach the church square.

For the longer alternative path take the « Mayres par le bois de Pergeyres 8.4km » panel at the Taillades rock. In Cautet follow the « Mayres » panel that follows the Ardèche then go down through the beech wood. Cross Mayres village to reach the starting point. It is 45 minutes additional.



## **Advices**

The loop is delineated by yellow and white painting.

## **How to come ?**

### **Access**

From Aubenas, take the N102 in Thueyts direction, then take the Chavade col direction

### **Advised parking**

Church square

## **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

### **Natura 2000 Massif du Tanargue, sources de l'Ardèche et de la Borne**

Sensitivity period:

## **Information desks**

### **Tourism Office**

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